



Routine Preventive Pediatric Health Care – Early Childhood

The following guideline provides recommendations for routine preventive services for children 12 months to 4 years. Children at increased risk may warrant additional services.

Age	12 mo	15 mo	18 mo	24 mo	30 mo	3 yr	4 yr
HISTORY Initial/Interval	X	X	X	X	X	X	X
MEASUREMENTS							
Length/Height and Weight	X	X	X	X	X	X	X
Head Circumference	X	X	X	X			
Weight for Length	X	X	X				
Body Mass Index				X	X	X	X
Blood Pressure	*	*	*	*	*	X	X
SENSORY SCREENING							
Vision	*	*	*	*	*	X	X
Hearing	*	*	*	*	*	*	X
DEVELOPMENTAL/BEHAVIORAL ASSESSMENT							
Developmental Screening. “Identifying Infants and Young Children With Developmental Disorders in the Medical Home: An Algorithm for Developmental Surveillance and Screening” (http://pediatrics.aappublications.org/content/118/1/405.full).			X		X		
Autism Screening. “Identification and Evaluation of Children with Autism Spectrum Disorders” (http://pediatrics.aappublications.org/content/120/5/1183.full).			X	X			
Developmental Surveillance	X	X		X		X	X
Psychosocial/Behavioral Assessment Should be family centered; may include assessment of child social-emotional health, caregiver depression, and social determinants of health. http://pediatrics.aappublications.org/content/135/2/384 http://pediatrics.aappublications.org/content/137/4/e20160039	X	X	X	X	X	X	X
PHYSICAL EXAMINATION	X	X	X	X	X	X	X



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Immunization Every visit should be an opportunity to update and complete a child's immunizations. Schedules are available at http://aapredbook.aappublications.org/site/resources/izschedules.xhtml .	X	X	X	X	X	X	X
PROCEDURES							
Anemia	X	*	*	*	*	*	*
Lead Screening Perform risk assessments/screenings based on universal screening requirements for patients with Medicaid or in high prevalence areas. (http://www.cdc.gov/nceh/lead/ACCLPP/Final_Document_030712.pdf).	X OR *		*	X OR *		*	*
Tuberculosis Testing Tuberculosis testing per recommendations of the Committee on Infectious Diseases, published in the current edition of AAP Red Book: Report of the Committee on Infectious Diseases. Testing should be performed on recognition of high-risk factors.	*			*		*	*
Dyslipidemia Screening https://www.nhlbi.nih.gov/health-topics/integrated-guidelines-for-cardiovascular-health-and-risk-reduction-in-children-and-adolescents				*			*
ORAL HEALTH Assess if the child has a dental home. If no dental home is identified, perform a risk assessment (http://www2.aap.org/oralhealth/docs/RiskAssessmentTool.pdf) and refer to a dental home.	*		*	*	*	*	*
Fluoride Varnish	<	<	X	>	>	>	>
Fluoride Supplementation	*		*	*	*	*	*
ANTICIPATORY GUIDANCE	X	X	X	X	X	X	X
<i>This guideline is based on the Bright Futures and the American Academy of Pediatrics Recommendations for Preventive Pediatric Health Care. Individual patient considerations and advances in medical science may supersede or modify these recommendations.</i>							
<i>July 10, 2018</i>							
KEY X = to be performed * = risk assessment to be performed with appropriate action to follow, if positive <<<X>>> = range during which a service may be provided							